

GABRIELA NAZAR, Ph.D.

Associate Professor Department of Psychology, Universidad de Concepción
4030000 - Concepción, Biobio Region CHILE Phone: +56 968485453

E-mail: gnazar@udec.cl

ORCID: orcid.org/0000-0002-6410-6838

ACADEMIC QUALIFICATIONS

Degree in Psychology. Universidad de Concepción, 1992

Master's Degree in Organizational Behavior and Development 2002

Ph.D. University of Edinburgh 2008

CURRENT EMPLOYMENT

Associate Professor Department of Psychology, Universidad de Concepción.

PEER REVIEW PUBLICATIONS

In bold Corresponding author

Nazar, G.; Alcover, C-M; Lanuza, F. Labraña, AM, Ramírez- Alarcón K., Troncoso-Pantoja, C., Leiva, A M; Petermann-Rocha, F. & Celis-Morales C. (2022). Association between Bodyweight Perception, Nutritional Status, and Weight Control Practices: A Cross-sectional Analysis from the Chilean Health Survey 2016-2017. *Frontiers in Psychology*. 13:984106. doi: 10.3389/fpsyg.2022.984106

Salgado, S.; González-Suhr, C.; **Nazar, G.;** Alcover, C.-M.; Ramírez-Vielma, R.; Bustos, C. Relationships between Individual and Social Resources, Anxiety and Depression in the Early Lockdown Stage by the COVID-19 in Chile. *Behavioral Sciences*. 2022, 12, 357. <https://doi.org/10.3390/bs12100357>

Novoa, C., Cova, F. Nazar, G., Oliva, K., Vergara-Barra, P. Intensive Parenting: the Risk of Overdemanding. *Trends in Psychology*. <https://doi.org/10.1007/s43076-022-00229-9>

Troncoso-Pantoja, C., Lanuza, F., Martínez-Sanguinetti, MA., Leiva-Ordoñez, A.M., Ramírez-Alarcón, K., Martorell, M., Labraña, AM., Parra-Soto, S., Lasserre-Laso, N., Nazar, G., Celis-Morales, C. Petermann-Rocha, F. (2022) Cumplimiento de las Guías Alimentarias en adolescentes chilenos: un estudio transversal de la Encuesta Nacional de Salud 2016-2017. *Andes Pediátrica*. 96(3) doi: 10.32641/andespediatr.v93i6.4191

- Celis-Morales, C. & Nazar, G. (2022). Cambios en la prevalencia de depresión a en Chile y el mundo debido a la pandemia de COVID-19. *Revista Médica de Chile*. Carta al Editor.
- Alcover, C-M; Salgado, S; Nazar, G.; Ramírez-Vielma, R. González-Suhr, C. (2022). Job insecurity, financial threat, and mental health in the COVID-19 context: The moderating role of the support network. *Sage Open*. 1-17. doi: 10.1177/215824402211221121048
- Herrera, S.; Salazar, A.; Nazar, G. Barriers and Supports in eHealth Implementation among People with Chronic Cardiovascular Ailments: Integrative Review. *International Journal of Environmental Research and Public Health* 2022, 19, 8296. <https://doi.org/10.3390/ijerph19148296>
- Ariño-Mateo, E.; Ramírez-Vielma, R.; Arriagada- Venegas, M.; Nazar-Carter, G.; Pérez-Jorge, D. Validation of the Organizational Dehumanization Scale in Spanish-Speaking Contexts. (2022). *International Journal of Environmental Reseach and Public Health* 19,4805. <https://doi.org/10.3390/ijerph19084805>
- Reyes-Molina D., Nazar G., Cigarroa I., Zapata-Lamana, R. Aguilar-Farías N., Parra-Rizo M., Albornoz-Guerrero, J. Comportamiento de actividad física durante la pandemia por COVID-19 y su asociación con el bienestar subjetivo y salud mental en universitarios en Chile (2022). *Terapia Psicológica*, 40 (1), 23-48. <https://doi.org/10.4067/S0718-48082022000100023>.
- Reyes-Molina, D.; Alonso-Cabrera, J.; Nazar, G.; Parra-Rizo, M.A.; Zapata-Lamana, R.; Sanhueza-Campos, C.; Cigarroa, I. Association between the Physical Activity Behavioral Profile and Sedentary Time with Subjective Well-Being and Mental Health in Chilean University Students during the COVID-19 Pandemic. *International Journal of Environmental Research and Public Health* 2022, 19, x 10.3390/ijerph19042107
- Cabezas-Henríquez, M. F., & **Nazar G.** (2022). Asociación entre autorregulación alimentaria, dieta, estado nutricional y bienestar subjetivo en adultos en Chile. *Terapia Psicológica*, 40(1), 1-21. <https://teps.cl/index.php/teps/article/view/464>
- Bobadilla-Soto P., Bogueño-Sierra, S., Guerrero-Jiménez, V. Muñoz-Durán, M.T. Zúñiga-Coleman, J. & **Nazar G.** Estado afectivo, regulación emocional y estilos de alimentación en adultos en Chile (2022). *Revista Chilena de Nutrición*. 49(2): 193-200. <http://dx.doi.org/10.4067/S0717-75182022000200193>.
- Nazar, G.**, Alcover, Carlos-María, Concha-Cisternas, Y. Cigarroa, I., Díaz-Martínez, X., Gatica-Saavedra, M., Lanuza, F., Leiva A.M. Martínez-Sanguinetti, M.A., Martorell, M. Petermann-Rocha, F. Troncoso-Pantoja, C. & Celis-Morales, C. Risk Factors and Gender Differences for Depression in Chilean Older Adults: A Cross-Sectional Analysis from the National Health Survey 2016-2017 (2022). *International Journal of Mental Health Promotion*. DOI: 10.32604/ijmhp.2022.020105

- Alcover, C., Nazar, G., Bargsted, M., Ramírez-Vielma, R., Pulido, N., & Rodríguez, L. (2022). Transcultural Validation of the Nordic Age Discrimination Scale for the Spanish-Speaking Working Populations. *The Spanish Journal of Psychology*, 25, E15. doi:10.1017/SJP.2022.10
- Troncoso, C.; Martínez-Sanguinetti, M.A., Leiva, A.M., Ramírez-Alarcón, K. Labraña A.M., Parra-Soto S., Lasserre, N., Nazar, G., Concha, Y. Cigarroa, I., Celis-Morales, C., Petermann-Rocha F. (2022). Cumplimiento de las Guías Alimentarias en personas mayores chilenas: Un estudio descriptivo de la Encuesta Nacional de Salud 2016-2017. *Revista Chilena de Nutrición*, 49 (1). 70-78. <http://dx.doi.org/10.4067/S0717-75182022000100070>
- Nazar, G.**, Sáez-Delgado, F., Maldonado-Rojas, C., Mella-Norambuena, J., Stuardo-Álvarez M, Meza- Rodríguez, D. Intervenciones en obesidad infantil. Una revisión sistemática de la literatura. (2022). *Hacia la Promoción de la Salud*. 27 (1): 213-233. DOI: 10.17151/hpsal.2022.27.1.15.
- Nazar G.**, Arteaga- Marín M.J, Irrázabal- Medina B., Martínez-Matamala S., Oñate –Salinas V., Pinot- Aravena D, Schade –Villagrán C. Bustos C. (2021). Autorregulación y Autocompasión en Conductas Promotoras de Salud y de Riesgo en Estudiantes Universitarios. *Ciencia y Enfermería*. 28 (1). DOI: 10.29393/CE28-1AAGC80001
- Nazar, G.**, Gatica-Saavedra M., Provoste Álvaro Leiva Ana María, Martorell Miquel, Ulloa Natalia, Petermann-Rocha Fanny, Claudia Troncoso-Pantoja, Celis-Morales Carlos. Factores asociados a depresión en población chilena– Resultados Encuesta Nacional de Salud 2016-2017. 2021. *Revista Médica de Chile*. 149: 1430-1439. <http://dx.doi.org/10.4067/s0034-98872021001001430>
- Lasserre-Laso Nicole, Inostroza V., Petermann-Rocha, F., Martínez, MA, Leiva AM, Lanuza F, Troncoso, C., Villagrán M, Mardones, L, Díaz, F, Ulloa N, Labraña AM, Martorell M, Ramírez K, Nazar G, Parra-Soto S, Celis Morales C. Lactancia materna y su asociación con obesidad: Mecanismos que podrían explicar el rol protector en la infancia. 2021. *Revista Chilena de Nutrición* 49 (6): 955-964. <http://dx.doi.org/10.4067/S0717-75182021000600955>
- Lanuza, F, Zamora-Ros R, Petermann-Rocha F, Martínez-Sanguinetti MA, Troncoso-Pantoja C, Labraña AM, Leiva-Ordoñez AM, Nazar G, Ramírez-Alarcón K, Ulloa N, Lasserre-Laso N, Parra-Soto S, Martorell M, Villagrán M, Garcia-Diaz DF, Andrés-Lacueva C & Celis-Morales C (2021) Advances in Polyphenol Research from Chile: A Literature Review, *Food Reviews International* Doi: 10.1080/87559129.2021.2009508
- Lanuza, F., Petermann-Rocha, F., Celis-Morales, C., Concha-Cisternas, Y., Nazar, G., Troncoso-Pantoja, C., . . . Meroño, T. (2022). A healthy eating score is inversely associated with depression in older adults: Results from the Chilean National Health Survey 2016–2017. *Public Health Nutrition*, 25(10), 2864-2875. doi:10.1017/S1368980021004869

- Leiva, A.M. Petermann-Rocha, F. Martínez-Sanguinetti, MA, Nazar, G, Cigarroa I. y Celis-Morales, C. Inclusión de la palabra la vejez en el CIE-11: una decisión controversial. *Revista Médica de Chile*, 148, 1241-1242. Carta al Editor. <http://dx.doi.org/10.4067/s0034-98872021000801241>
- Concha-Cisterna Y, Leiva-Ordoñez A.M. Troncoso-Pantoja C., Martínez-Sanguinetti M.A., Cigarroa I., Lasserre-Laso N., Matus-Castillo C., Ulloa N. Nazar G. Diaz-Martínez X. Garrido-Méndez A. Petermann-Rocha F. Celis-Morales C. (2021). Nivel de actividad física en personas mayores chilenas que han sufrido caídas. *Revista Chilena de Nutrición*; 48(4): 483-489.
- Alvear-Fernández, C., Cruz-Toledo, C., Morales-Sáez, S., Quiroz-Lagos, B., Ogueda-Fuentes, F., **Nazar, G.** (2021). Estilos de alimentación y su asociación con apreciación corporal, internalización del sesgo del peso y autocompasión. *Terapia Psicológica* 39 (1), 123-145. <http://doi.org/10.4067>
- Celis-Morales, C; Leiva, A M; Nazar G, Albala, C., Troncoso, C; Cigarroa-Cuevas, I. (2021). El 40% de los casos de demencia podrían ser prevenidos si modificáramos factores de riesgo a través del curso de vida. *Revista Médica de Chile*. 149: 147-158. Carta al Editor.
- Peña-González, K., **Nazar, G.**, & Alcover, C. (2021). The Mediating Role of Organizational Identification in the Relation between Organizational Social Capital, Perceived Organizational Prestige, Perceived Employability and Career Satisfaction. *The Spanish Journal of Psychology*, 24, E22. doi:10.1017/SJP.2021.24
- Maldonado, C., & **Nazar, G.** (2021). Autocompasión como moderador entre apreciación corporal y estilos de alimentación en mujeres adultas emergentes. *Terapia Psicológica*, 39(1), 63-80.
- Bozanica, A., Petermann-Rocha, F. Waddell, H., Richardson, Martinez, M. A., Leiva, A.M., Ulloa, N., Nazar, G., Diaz-Martínez, X. Troncoso, C. Mardones, L., Villagran, M., Martorell, M. Parra, S., Ariño, E. Ochoa, C., Celis-Morales, C. (2021). Number of years with type 2 diabetes is associated with cognitive impairment in Chilean older adults. *Revista Española de Nutrición Humana*. 25 (3): 316-325. <https://doi.org/10.14306/renhyd.25.3.1256>
- Schade, N, Urrutía, M., Nazar, G., Ramírez-Vielma, R. Pérez N. Envejecimiento activo en personas mayores con Trastorno por Consumo de Alcohol y Sustancias. *Studia Zamorensia*. 2020(19):83-90. ISSN 0214-736X
- Rivera, L & Nazar, G. (2020) Prácticas de alimentación infantil de cuidadores principales, conducta alimentaria y estado nutricional de preescolares en Chile. *Revista Mexicana de Trastornos Alimentarios. Mexican Journal of Eating Disorders*. 10(4): 332-343. DOI: <https://doi.org/10.22201/fesi.20071523e.2020.4.573>
- Troncoso-Pantoja, C., Concha-Cisternas Y, Leiva, A.M, Martínez-Sanguinetti M. A.; Petermann-Rocha, F., Díaz, X.; Martorell, M., Nazar, G., Ulloa, N., et al. (2020). Prevalencia de fragilidad

- en personas mayores de Chile: resultados de la Encuesta Nacional de Salud 2016-2017. *Revista Médica de Chile*, 148, 1418-1426.
- Cigarroa, I. Lasserre-Laso, N. Zapata-Lamana, R., Leiva, A.M, Troncoso-Pantoja, C., Martínez, M.A.; Villagrán, M. Nazar, G. Díaz, X.; Petermann-Rocha, F. Celis-Morales, C. (2020) Asociación entre la velocidad de marcha y el riesgo de deterioro cognitivo en personas mayores que viven en la comunidad. *Gerokomos* 31(4):204-210
- Troncoso-Pantoja C, Díaz-Martínez X, Martorell-Pons M, Nazar G, Concha-Cisternas Y, Cigarroa-Cuevas I. Revisión de estrategias para promover el envejecimiento activo en Iberoamérica. *Medisur* [revista en Internet]. 2020; 18(5):[aprox. 7 p.]. Disponible en: <http://medisur.sld.cu/index.php/medisur/article/view/4469>
- Mella, J.; Nazar, G., Sáez, F., Yaranay, Cobo, R. (2020). Variables sociocognitivas y su relación con la actividad física en estudiantes universitarios chilenos. (Sociocognitive variables and their relationship with physical activity in Chilean university students). *Retos*, (40), 76-85.
- Leiva, A.M., Troncoso, C., Martínez-Sanguinetti, M.A. Nazar, G. Concha-Cisternas Y., Martorell, M., Ramírez-Alarcón, K., Petermann-Rocha, F.; Cigarroa-Cuevas, I. Díaz, X.; Celis-Morales, C. Older people in Chile: the new social, economic and health challenge for the 21st century. *Revista Médica de Chile*. 2020; 148: 799-809
- Leiva, A.M., **Nazar G.**, Martínez-Sanguinetti M. A.; Petermann-Rocha, F., Ricchezza; J., Celis-Morales, C. 2020. Dimensión psicosocial de la pandemia: la otra cara del Covid-19. *Ciencia y Enfermería*, 26:10. DOI: 10.29393/CE26-3DPAL60003
- Nazar, G.**; Ulloa, G.; Martínez-Sanguinetti, M. A; Leiva, AM., Petermann, F; Martínez- Díaz, X., Lanuza, F., Cigarroa, I., Concha, Y. Troncoso, Cl., Mardones, L. Villagrán.V. Celis-Morales, Carlos (2020). Association between cognitive impairment and depression in Chilean older adults. *Revista Médica de Chile*. 148: 947-955.
- Troncoso-Pantoja, C., Lanuza, F., Martínez-Sanguinetti M.A. Leiva, A. M. Ramírez, K. Martorell-Pons, M. Labraña, A.M. Nazar, G. Parra, S. Lasserre, N. Celis-Morales, C. Petermann-Rocha, F. (2020). Lifestyles and adherence to the Chilean Dietary Guidelines: results of the Chilean National Health 2016-2017 Survey. *Revista Chilena de Nutrición* 2020; 47(4): 650-657. <http://dx.doi.org/10.4067/S0717-75182020000400650>
- Martorell, M; Ramírez, K. Labrana A. M.; Barrientos. D.; Opazo, M., Martinez-Sanguinetti M. A.; Leiva, A. M.; Troncoso-Pantoja C., Lasserre-Laso, N. Nazar, G. Celis-Morales, C., Petermann-Rocha F. Association of menopause with cardiovascular risk. Analysis of data from the 2016-17 Chilean national health survey. *Revista Médica de Chile*, [S.l.], v. 148, n. 2, 2020. ISSN 0034-9887.

- Nazar G.**, Petermann-Rocha F.; Martínez–Sanguinetti, M. A; Leiva A. M., Labraña A. M., Ramírez-Alarcón, K. Martorell, M., Ulloa, N. Lasserre-Laso, N., Troncoso-Pantoja, C. Parra, S. Celis-Morales, C. (2020). Parental attitudes and feeding practices: A scoping review. *Revista Chilena Nutrición* 2020; 47(4): 669-676. <http://dx.doi.org/10.4067/S0717-75182020000400669>
- Martínez M. A., Pertermann-Rocha, P., Villagrán M., Ulloa, Nazar, G. Troncoso, C. Garrido, A. Lassere N., Martorell, M., Celis-Morales, C. From a global view to the Chilean context: which factors have influenced the development of obesity in Chile? (Chapter 2). 2020. *Revista Chilena de Nutrición*; 47(2): 307-316. <http://dx.doi.org/10.4067/S0717-75182020000200307>
- Petermann-Rocha, P., Martínez M.A., Villagrán M., Ulloa, Nazar, G. Troncoso, C. Garrido, A. Lassere N., Martorell, M. Celis-Morales, C. From a global view to the Chilean context: which factors have influenced the development of obesity in Chile? (Chapter 1). 2020. *Revista Chilena de Nutrición*; 47(2): 299-306. <http://dx.doi.org/10.4067/S0717-75182020000200299>
- Gatica, M. **Nazar, C.** & Bustos, C. (2020). Psychological variables and their relationship with the evolution of the body mass index in people undergoing bariatric surgery. *Revista Chilena de Cirugía*. 2020;72(2):130-136. DOI: <http://dx.doi.org/10.35687/s2452-45492020002450>
- Altamirano, N. & **Nazar, G.** (2020). Attitudes and feeding practices of primary caregivers of Mapuche and non-Mapuche schoolchildren according to nutritional status. *Revista Chilena de Nutrición*. 47(1): 89-96. <http://dx.doi.org/10.4067/S0717-75182020000100089>
- Pérez, C., Sepúlveda, D., Cova, F. & Nazar, G. (2020). Intercultural Health from the Perspective of the Mapuche Communities of Cañete and Tirúa. *Revista Ciencias de la Salud*, 18(1), 152-168. Doi: <http://dx.doi.org/10.12804/revistas.urosario.edu.co/revsalud/a.8778>
- Rivera, L. & **Nazar, G.** (2020). Prácticas de alimentación infantil de cuidadores, conducta alimentaria y estado nutricional de preescolares en Chile. *Revista Mexicana de Trastornos Alimentarios/Mexican Journal of Eating Disorders*. Aceptada.
- Nazar, G.**, Leiva, A. M., Troncoso, C. Martínez, A., Petermann-Rocha, F., Villagrán M., Mardones, L. Martorell, M. Labraña, A.M. Ulloa, N. Díaz-Martínez, X. Poblete- Valderrama F., Garrido-Méndez, M. Celis-Morales, C. (2019) Association between sleep duration and cognitive impairment in older people. *Revista Médica de Chile*. 147, 1398-1406.
- Poblete-Valderrama, F. Flores Rivera, C.; Petermann-Rocha, F., Leiva,A.M., Martínez-Sanguinetti, M.A.; Troncoso, C.; Mardones, L.; Villagrán, M.; Nazar, G.; Ulloa, N.; Martorell et al. (2019) Physical activity and sedentary behaviours are associated with cognitive impairment in Chilean older adults. *Rev Med Chile*147: 1247-1255
- Lasserre-Laso, N., Petermann, F., Leiva, A. M., Troncoso-Pantoja, C.; Martinez, M. A., Villagrán, M.; Nazar, G.; Lanuza, F. Celis-Morales, C. Obese children today, obese adolescent tomorrow: the scenario that could experience Chile. *Rev. Med. Clin Condes*- 2019; 30(6) 499-500

- Sánchez, J., Martínez, A., Nazar, G. Mosso, C.; del Muro, L. (2019) Eating beliefs among Mexican university students: a qualitative approach. *Revista Chilena de Nutrición*. 46 (6). 727-734. <http://dx.doi.org/10.4067/S0717-75182019000600727>
- Mera-Lemp, M. J., Ramírez-Vielma, R., Bilbao, M. Á., & Nazar, G. (2019) Perceived discrimination, employability, and psychological well-being among Latin American immigrants in Chile. *Journal of Work and Organizational Psychology* 35(3) 227-236
- Martínez-Sanguinetti, María Adela; Leiva, Ana María Petermann-Rocha Fanny, Troncoso-Pantoja, Claudia, M Villagrán, Marcelo, Lanuza-Rilling, Fabián, Nazar Gabriela, Poblete-Valderrama, Felipe, Díaz-Martínez, Ximena; Celis-Morales, Carlos (2019). Factors associated with cognitive impairment in older adults in Chile. *Revista Médica de Chile*. 147:1013-1023.
- Concha-Cisternas Y, Lanuza F, Leiva AM, Troncoso C, Martinez MA, Petermann F, Villagrán M, Mardones L, Martorell M, Nazar G, Ulloa N, Labraña AM, Diaz-Martinez X, Sadarangani K, Alvarez C, Ramirez-Campillo R, Celis-Morales C. (2019) Association Between Adiposity Levels and Cognitive Impairment in the Chilean Older Adult Population. *Journal of Nutritional Science*. 8 (1-8) doi:10.1017/jns.2019.24
- Mella-Norambuena, J. Celis-Morales, C. Sáez, F., Aeloiza, A., Echeverría, C., Nazar, G. Petermann-Rocha, F. Systematic Review of Practice of Physical Activity in University students. (2019) *Revista Iberoamericana de Ciencias de la Actividad Física y el Deporte*, [S.l.], 8(2) 37-58, jul. 2019. ISSN 2255-0461. doi:<http://dx.doi.org/10.24310/riccafd.2019.v8i2.6452>.
- Leiva, A. M., Martínez-Sanguinetti, M. A., Troncoso-Pantoja, C., Nazar, G., Petermann-Rocha, F., & Celis-Morales, C. (2019). Parkinson's Disease in Chile: Highest Prevalence in Latin America. *Revista Médica de Chile*, 147(4), 535-536.
- Ramírez-Vielma, R. y Nazar, G. (2019) Motivational work design factors and their relationship with work performance. *Revista Psicologia: Organizações e Trabalho*. Rev. Psicol., Organ. Trab. [online]. 2019, vol.19, n.4, pp. 791-799. ISSN 1984-6657. <http://dx.doi.org/10.17652/rpot/2019.4.17517>.
- Nazar, G.** Stjepovic, J. & Bustos, C. (2019). Latent Class Analysis of Lifestyle Behavior among Chilean University Students. *International Journal of Health Promotion and Education*. 57 (2) 98-111 <http://dx.doi.org/10.1080/14635240.2018.1552534>
- Fernández, F., **Nazar, G.** & Alcover, C.-M. (2018). Active Aging Model: Causes, Indicators, and Predictors in Chilean Elderly People. *Acción Psicológica*, 15(2), 97–116. <https://doi.org/10.5944/ap.15.2.22903>
- Schade, N., Ramírez-Vielma, R., Nazar, G., Buhning, V. & Rehbein, L. (2018) Perception of self-efficacy and actual performance in working memory tasks: A comparison between older and younger adults. *Revista Chilena de Neuro-Psiquiatría*, 56 (4). 241-250

- Ramírez, A. & Nazar, G. (2018) Experience of Hypertensive Disease and Treatment Adherence in ethnic mapuche hypertensive patients. *Ciencia y Enfermería*. XXIV (1): 11-21,
- Mena Díaz FC., **Nazar G.**, Mendoza Parra S. (2018) History of Adherence to Treatment in Hypertensive Patients of a Chilean Health Center. *Revista Hacia la Promoción de Salud*.; 23(2): 67-78. DOI: 10.17151/hpsal.2018.23.2.5 S
- Pérez C., Nazar G., Cova F. (2016) Facilitadores y obstaculizadores de la implementación de la política de salud intercultural en Chile. *Revista Panamericana de Salud Pública*. 39 (2):122–127.
- Bravo, C. & **Nazar, G.** (2015) Psychosocial risk factors and health in urban bus drivers in Chile. *Revista Salud de los Trabajadores*. 23(2) ISSN: 1315-0138.
- Figueroa, C. & **Nazar, G.** (2015). Stereotype beliefs about the performance of elderly workers in Chile. *Psicoperspectivas*,14 (1) ISSN: 0717-7798.
- Ramírez, P., Rossel, K. y Nazar, G. (2015). Reading comprehension and metacognition: Analysis of reading activities into two textbooks of seventh year for the course Language and Communication. *Revista Estudios Pedagógicos*. XLI, Nº 2, 213-231. ISSN: 0718-0705.
- Nazar, G.** & Van der Heijden, B. (2014). Possible Selves and Identity in Relation to Career Development: Evidence from Chilean Male Middle-Aged Managers' Career Narratives. *Journal of Training and Development*. 18 (1). ISSN: 1360-3736.
- Nazar, G.** & Van der Heijden, B. (2012). Career Identity and its impact upon self-perceived employability among Chilean middle-aged managers. *Human Resource Development International*. 15 (2), 141-156. ISSN: 1367-8868.
- Neira, M. E., Cova, F., Nazar, G., Parra, L. & Ortiz, N. (2012). Percepción de Mujeres Consultantes de Atención Primaria sobre el Abandono del Tratamiento de Depresión. *Ciencia y Enfermería*. XVIII (2), 31-39. ISSN: 0717-2079.
- Nazar, G.** (2012). Identity of professional career and employability in managers on mid-level in Chile, Bio Bio Region. *Revista Liberabit*, 18 (I). 7-14. Publicada. 1729-4827.
- Ohtsubo, Y.; Watanabe, E. Kim, J.; Kulas, J. Muluk, H. Nazar, G.; Wang, F. y Zhang, J. (2012). Are costly apologies universally perceived as being sincere? A Test of the Costly Apology-Perceived Sincerity Relationship in Seven Countries. *Journal of Evolutionary Psychology*, 1–18. ISSN: 17892082

BOOKS AND BOOKS CHAPTERS

Education in healthy lifestyles for children. Complete set. 2018, Vol 1 -, 2, 3, 4, Paper version. Editions University of Concepción. ISBN: 978-956-227-422-7-. Co-author.

Education in healthy lifestyles for children. Complete set. 2018, Vol 1, 2, 3, 4, Electronic version Ediciones Universidad de Concepción. ISBN: 978-956-227-431-9. Co-author.

Healthy Living Integrated Territorial Model: prevention and management of obesity. Intellectual Property Registry N ° 272,256. Co-author.

Schade, N.; Ramírez-Vielma, R., Nazar, G. Buhning, V. (2018) Perception of memory capacity and performance in memory tasks in older adults who attend family health centers. In Plaza, Victoria, (2018) Advances in research and intervention proposals for the promotion of active aging from Psychology. Santiago, RIL Eds.

RESEARCH PROJECTS

Theoretical-comprehensive model of stigmatization towards people diagnosed with Mental Disorders in Secondary Care Mental Health Centers: A mixed study. FONDECYT Regular 2022. N°1221531 2022-2024. Co-researcher

Physical exercise via mobile-health: an innovative development. Funding source: Innovation Fund for Regional Competitiveness. National Fund for Regional Development (FNDR). Researcher. BIP: 40026768-0. Co-researcher

Development of a Model to Implement and Evaluate Interventions in E-health. Funding source: Universidad de Concepción. Researcher Start: March, 2020 -Term: August, 2022.

Efficacy of a positive reminiscence program in older people. Funding source: internal Universidad de Concepción. Researcher. Duration: 3 years. Project Period: March, 2019 - March, 2021. Code: 219.172.025-M. Co-researcher

Tools to innovate in the design and standardization of hospital facilities. Public Interest Innovation Project (IPP). Financing: Corfo - Biobío Region Productive Development Committee. 2018-2020. Co-researcher

Implementation of an Integrated Model for the Promotion of Healthy Lifestyles and Prevention of Obesity. Source of financing: external. Duration: 3 years. Year of award: 2013. Type of Research: Performance Agreement Project. Researcher. Mineduc. Co-researcher

Psychosocial Model to Promote Active Aging. Funding source: internal. Duration: 1 year. Year of award: 2014. Type of Research: DIUC Project Code: 213.172.020-1.0. Principal Researcher

Diagnosis of Lifestyles in University Students and their relationship with prognostic psychosocial factors in the adoption of healthy or risky behaviors. Funding source:

Universidad de Concepción. Duration: 4 years. Year of award: 2012. Type of Research: DIUC Project. Code: 212.006.001-1.0. Researcher

Career Identity. An empirical investigation on male workers in the Biobío region in Chile. Funding source: Universidad de Concepción. Duration: 3 years. Year of award: 2008. Type of Research: DIUC-Ordinary Project 208.172.013-1.0. Principal researcher.

Labor flexibility, career identity and employability in workers in the Bío Bío region. Funding source: Universidad de Concepción. Duration: 3 years. Year of award: 2009. Type of Research: DIUC-Cs Project. Social. 209,172,015-1FI. Principal researcher.

Concepción, September 2022